Habits are either habits about ideas of feelings or habits about acts of reaction. The ensemble of all habits about ideas of feeling constitutes one great habit which is a World; and the ensemble of all habits about acts of reaction constitutes a second great habit, which is another World. The former is the Inner World, the world of Plato's forms. The other is the Outer World, or universe of existence. The mind of man is adapted to the reality of being. Accordingly, there are two modes of association of ideas: inner association, based on the habits of the inner world, and outer association, based on the habits of the universe.